

Nature of Tranquility 2027



Explore how yoga cultivates a peaceful inner landscape during this all-inclusive retreat

OVERVIEW



Join Louie Ettling, a Canadian Iyengar Yoga teacher with nearly 40 years of experience, in a 5-day retreat on beautiful Salt Spring Island.

DETAILS

This all-inclusive retreat is open to 24 on-site participants and 11 off-site commuters. It includes:

- Delicious vegetarian meals with gluten-free, dairy-free, and vegan options
- 24 hours yoga instruction
- 4 nights in single-bed private or shared rooms with shared washrooms
- A 24/7 organic tea and coffee bar
- Access to massage and Ayurvedic treatments by appointment
- Forest trails for walking

PRICE

The cost per person for yoga and meals is \$1070 (tax included).

Accommodation for the 4 nights ranges from \$725 to \$415 (tax included), depending on single or shared occupancy (2 or 3 people per room).

MARCH 2027 YOGA SCHEDULE

25 TH	Thursday 4PM–6PM
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26 TH	Friday–Sunday 7AM–8:15AM
:	8:30AM–10:30AM
28 TH	1:30PM–4:30PM
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29 TH	Monday 7AM–8:15AM 8:30AM–10:30AM

LOCATION

Salt Spring Yoga Centre
SaltSpringCentre.com

DEPOSIT

Once you register with Louie, send a \$300 deposit to secure your spot and enable us to allocate rooms.

REGISTER

To register and for questions, please email louie.jettling@gmail.com



REGISTER NOW