

Nature of Tranquility 2026



Explore how yoga cultivates a peaceful inner landscape during this all-inclusive retreat.

OVERVIEW



Join Louie Ettling, a Canadian Iyengar Yoga teacher with nearly 40 years of experience, in a four-day retreat on beautiful Vancouver Island.

DETAILS

This all-inclusive retreat is open to 30+ participants and includes 16 hours of yoga, 7 vegetarian meals (with gluten-free and dairy-free options), and three nights in private or shared accommodation. Rooms are available in single, double, or queen configurations with shared washrooms.

Guests also have access to a shared lounge with a kettle, microwave, and mini fridge in each guest house.

The cost per person is \$695 for yoga and meals. Accommodation ranges from \$180–\$485, depending on room type and single or double occupancy. A \$300 deposit is required by July 1, 2025, to secure your spot and increase your chance of getting your preferred room.

LOCATION

Bethlehem Retreat Centre,
Nanaimo, BC
BethlehemCentre.com

APRIL 2026 SCHEDULE

2 ND	Thursday 6:30–8:30PM
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3 RD	Friday 7–8AM, 9:30–11:30AM, 2–5PM
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4 TH	Saturday 7–8AM, 9:30–11:30AM, 2–5PM
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5 TH	Sunday 9–11AM

PRICE

\$695 per person (INCLUDING TAX), plus accommodation (RATES VARY)

REGISTER

To register and for questions, please email louie.j.ettling@gmail.com

 REGISTER NOW